

A background photograph showing a group of people in a room with large windows, clapping and smiling. In the foreground, a woman with dark hair in a bun is smiling. Behind her, a man with a beard and another person are also clapping. The scene is brightly lit, suggesting a positive and engaged audience.

LEVEL 5 COACHING PROFESSIONAL APPRENTICESHIP

Learn how to use a coaching approach to support people with their health and wellbeing, self-management and behaviour change - equipping you with the skills to help others to unlock their potential, improve their wellbeing, and achieve their goals.

Find out more: tpchealth.com/apprenticeships/ info@tpchealth.com

Overview

The Level 5 Coaching Professional Apprenticeship is designed to develop confident, skilled coaching practitioners who can embed coaching principles across health, social care, and community settings.

It supports you to use coaching as a vehicle for change with individuals, teams, and systems. This programme equips you with advanced communication techniques, structured coaching models, and a deep understanding of human behaviour and motivation.

You will build confidence in using coaching to enhance patient care, improve team dynamics, and support organisational change, all while building a strong, reflective coaching identity.

Key Information

A twelve month programme, delivered fully online. The programme includes 8 ½ days of workshops plus monthly supervision, webinars, coaching practice and reflections on learning.

Successful completion results in a Level 5 Coaching Professional Apprenticeship and a European Mentoring and Coaching Council EMCC EQA at Practitioner Level. The programme incorporates our PCI Accredited Four Day Health Coaching Skills Programme.



Who is This Programme For?

The programme is aimed at those working in health, social care and community roles, it's particularly suitable for:

- **Senior Health and Wellbeing Coaches** - Support people to build self-efficacy, set goals, and take greater control of their health.
- **Clinical Professionals** - Embed coaching in patient care to improve communication, motivation, and shared decision-making.
- **Senior Social Care Workers** - Use coaching techniques to encourage autonomy, resilience, and personal growth in the people they support.
- **Allied Health Practitioners** - Integrate coaching into their therapeutic work to support behaviour change, recovery, and patient empowerment.
- **Voluntary and Community Sector Professionals** - Apply coaching principles to support individuals and communities through tailored, person-centred approaches.
- **Personalised Care Practitioners** - Strengthen conversations around what matters most to people and tailor support accordingly.
- **Team Leaders and Managers** - Develop a coaching leadership style to enhance team performance and engagement.
- **HR and L&D Professionals** - Foster a culture of coaching to improve staff development, retention, and wellbeing

Funding

The programme fees are £5,000. For large organisations (Apprenticeship Levy payers) the fees are fully funded.

For small (non-levy paying) organisations, the government will fund 95% of the fees or you may be able to access full funding via the Levy Transfer Scheme - please **contact us** to discuss.

Programme Benefits

For you:

- ✓ Develop a recognised Level 5 Coaching Professional qualification.
- ✓ Industry recognition with the EMCC EQA at Practitioner Level.
- ✓ Enhanced leadership, communication, and interpersonal skills.
- ✓ Build confidence in supporting patients and colleagues.
- ✓ Gain practical coaching experience with supervision from industry experts.
- ✓ Access one-to-one tutor support, pastoral care, and a dedicated learning platform.

For your Organisation:

- ✓ Access a government-funded training programme delivered by the most experienced trainers of coaching in the health sector.
- ✓ An end to end solution for training staff that develops people over time and helps them to mature as professionals.
- ✓ Build a coaching culture that improves performance and engagement.
- ✓ Increase staff retention, job satisfaction, and leadership capability.
- ✓ Enhance patient care through coaching-led approaches to self- management and recovery.
- ✓ Reduce demand on services by empowering patients to take responsibility for their health.

Our Digital Platform: Athena

Throughout the programme, you'll have access to our digital platform. Athena acts as a central hub for communication, learning, and progress management.

You can utilise the personalised online workspace to monitor progress, record off-the-job hours, submit evidence, and complete learning activities with ease and clarity.

You will receive tutor feedback, schedule tasks, and access resources all in one place - helping you to stay organised, motivated, and informed.



Topics Covered Include

- **Fundamentals of Coaching** - Core coaching models and methodologies.
- **Ethical & Professional Practice** - Understanding coaching responsibilities.
- **Advanced Conversation Tools & Techniques** - Effective questioning, listening, and feedback.
- **Coaching in Clinical Practice** - Applying coaching skills in health and social care settings
- **Psychology of the Individual** - Exploring thought processes and behaviour change.
- **Becoming a Supervisee** - Learning from and engaging in supervision.
- **Stakeholder Management & ROI** - Demonstrating the value of coaching in organisations.

Programme Structure

The programme includes:

- **Experiential Workshops - 8 ½ days spread over the first nine months** - Hands-on sessions exploring core concepts and tools
- **Supervision - delivered monthly (sessions between 1 ½ - 3 hours)** - An opportunity for you to reflect and share learning, discuss challenges and further develop your skills.
- **Live Webinars - a monthly 1 hour forum** - Focused sessions with opportunities for discussion.
- **Recorded Webinars - between 2-3 hours** - Supporting your development and reflective practice.
- **Coaching Practice** - Real-time practice with feedback and observed hours and development of a portfolio evidencing your learning
- **End Point Assessment - interview and exam** - 1:1 support from our team to prepare for the end point assessment.

Dates:

May Cohort	
Induction Webinar	13 th May 2026
Day 1	24 th June 2026
Day 2	22 nd July 2026
Day 3	12 th Aug 2026
Day 4	16 th Sep 2026
Day 5	07 th Oct 2026
Half Day	28 th Oct 2026
Day 6	18 th Nov 2026
Day 7	16 th Dec 2026
Day 8	13 th Jan 2027

About TPC Health

TPC Health led some of the largest health coaching and personalised care development programmes in the UK. We've trained over 15,000 professionals across primary care, mental health, integrated care systems, and the VCSE sector.

Our programmes consistently deliver measurable, lasting impact - helping learners build confidence, apply skills in practice, and contribute meaningfully to their teams and services.

Our work is grounded in a deep understanding of the NHS, local government, and voluntary sector landscapes.

Programme Team

Our apprenticeship tutors are all experienced accredited senior coaches, who bring depth, credibility, and lived insight to every programme.

Many have worked or continue to work in clinical and care settings, giving them a real understanding of the pressures and complexities faced by today's workforce.

With backgrounds in psychology, medicine, nursing, social work, health coaching and more, this allows them to connect with learners authentically and deliver training that's both practical and grounded in real-world care.

Find out more

If you are interested in finding out more, [register here](#) to join us for an informational webinar on Monday 13th April 2026 from 12.00 - 12.30.

Or contact us at info@tpchealth.com