



## Training Programme Outline

### Understanding how dementia affects a person and how we can help

Time	Topic
9.00	Welcome and introductions
9.30	Learning objectives
9.45	How our brains work and what happens when a person has dementia
10.00	What is dementia and how it affects a person
10.45	Diagnosis
11.00	Coffee break
11.15	Keith Davey living with Frontotemporal dementia
11.45	How we Can Help?
12.15	10 top tips for Caring and Communicating
12.30	Teresa "Dory" Davies living with Alzheimer's Disease
13.00	Lunch
13.30	My Favourite Things
14.30	How to modify the surroundings
14.45	Break
15.00	How dementia affects moods, emotions and responses
15.15	What to Say and Do when a person is distressed presentation
15.45	Message from Andy living with Lewy Body Dementia
	Evaluation